Cranford Township News
March 2017 - Volume 7/ Issue 1

Summer Pool Programs & Sign-up Application
Yard Waste Permit Application
Recycling Schedule
Flood Information
Official Township Departments
Visit www.cranford.com/township for updates and links to each department

**Mayor** 709-7206  
Thomas H. Hannen, Jr.  t-hannen@cranfordnj.org

**Deputy Mayor** 709-7206  
Patrick F. Giblin  p-giblin@cranfordnj.org

**Township Commissioners** 709-7206  
Ann Dooley  a-dooley@cranfordnj.org  
Andis Kalnins  a-kalnins@cranfordnj.org  
Mary O’Connor  m-oconnor@cranfordnj.org

**Administrator** 709-7205  
Terence Wall  t-wall@cranfordnj.org

**Municipal Clerk** 709-7210  
Tara Rowley  clerk@cranfordnj.org

**Business & Economic Dev.** 709-7208  
Kathleen Miller Prunty  dmc@cranfordnj.org

**Construction Code** 709-7213  
Richard Belluscio  building@cranfordnj.org

**Court Administrator** 709-7242  
Lorraine Powell  court@cranfordnj.org

**Engineering** 709-7219  
Carl O’Brien  engineering@cranfordnj.org

**Finance** 709-7250  
Lavona Patterson  finance@cranfordnj.org

**Fire Dept. 7 Springfield Ave.** 709-7225  
Chief Dan Czeh  d-czeh@cranfordnj.org

**Health** 709-7225  
Monika Koscova Jencik  health@cranfordnj.org

**Library** 709-7272  
224 Walnut Avenue  
John Malar  library@cranfordnj.org

**Planning & Zoning** 709-7216  
zoning@cranfordnj.org

**Police Dept.** 709-7217  
272-2222 (non-emergency)  
Chief James Wozniak  police@cranfordnj.org

**Public Works** 709-7217  
364 North Avenue East  
Steve Wardell  dpw@cranfordnj.org

**Recruitment & Parks** 709-7283  
220 Walnut Avenue  
Steve Robertazzi  recreation@cranfordnj.org

**Recycling** 709-7217  
Steve Wardell  dpw@cranfordnj.org

**Swim Pool Utility** 709-7260  
401 Centennial Avenue  
Steve Robertazzi  pool@cranfordnj.org

**Tax Assessor** 709-7211  
Peter J. Barnett  assessor@cranfordnj.org

**Tax Collector** 709-3981  
Catherine Hendrickson  c-hendrickson@cranfordnj.org

**TV 35** 709-3995  
Edward Davenport  tv35@cranfordnj.org

**Vital Statistics** 709-7238  
Joan Holler  j-holler@cranfordnj.org

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**Working Together... We can keep our town looking great**

Clean streets and sidewalks, attractive and well-maintained buildings make a great first impression to visitors. The Township and property owners share the responsibility for keeping Cranford looking great. You can help by reporting problems or safety concerns to Township officials.

- Overflowing trash containers  
- Weeds, trash  
- Residential property maintenance  
- Commercial property maintenance  
- Deteriorated, unsafe signs & awnings  
- Broken parking meter  
- Malfunctioning traffic light  
- Streetlight out  
- Victorian Streetlight out  
- Broken street benches  
- Damaged/missing street signs  
- Leaking fire hydrant  
- Fire safety code problems  
- Broken tree limbs, street trees

- Health Department 709-7238 or 7240  
- Property Maintenance 709-7240  
- Property Maintenance 709-7240  
- Property Maintenance 709-7240  
- Police Department 272-2222  
- Police Department 272-2222  
- PSE&G 1-800-436-7734  
- Police 709-7336  
- DMC 709-7208  
- Public Works 709-7217  
- Fire Department 709-7360  
- Fire Department 709-7360  
- Public Works 709-7217

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*If you have a question or concern that isn’t mentioned or you are not sure who to call, please contact the Township Administrator at 709-7205 and we will take care of the matter promptly.*
Welcome to the Township of Cranford Spring Newsletter!
Enclosed you will find information to help you navigate the various services and programs offered by your municipal government along with a list of contact phone numbers and email addresses.

In 2017 we are focusing on many things. Here are some of the highlights:

- **Complete the Birchwood transaction.** Working through our own planning board we intend to work with a developer to make the project one that we can view as enhancing our community instead of what had been proposed. We have taken steps to reduce the projects density, while continuing to meet our affordable housing obligations. We have negotiated a reduction in the unit count from 360 down to 225 and provided at least 30 affordable housing units. The next step will be to work with the purchaser to include a flood control component in the form of a dry detention basin to protect the homes along Casino Brook.

- **Evaluate the cost of providing Engineering services.** By the time you read this, we hope to have improved the time availability and amount of work done at a reduced cost to the taxpayers. That means more projects completed for less money.

- **Enhance our digital capabilities.** We are cutting down the amount of printed paper used and move our file storage to a digitally based one. This will save money and time, making requests easier for residents to access via an always evolving web site.

- **Add to our Township parks.** We are adding additional equipment for the enjoyment of our children. If you have recommendations of improvements to our parks, please reach out to our Parks and Recreation Department and let us know what we are missing. The surfaces of many of our play areas will be upgraded in the next few months.

- **Partner with others.** Through the cooperation between the Township, the Board of Freeholders, the Board of Education, the Cranford Soccer Club and the CBSL, the Memorial Field baseball field is being turned into a dual sport turf complex. Due for completion before the end of March, the turf field will allow for baseball and soccer on the same field. It will allow for more playing time with an enhanced drainage system below the turf.

- **Complete the Capital budget including Road Resurfacing as well as needed improvements to various departments such as Public Works, our Pools and our Police and Fire Department.** Phase 2B of the flood control project will commence shortly and we continue to engage with our US Senators and Congressmen to speed the process of the Army Corps of Engineers Rahway River flood control project.

2017 will further improve municipal services while driving down the costs to provide them. After experiencing a relatively mild winter, we are poised to greet spring with a renewed sense of pride and determination to keep Cranford the community you enjoy calling home. Learn more on the Township’s website which provides more detail than ever. We now include more back up materials to inform you on what is going on at our Township meetings. If you have suggestions, comments or improvements to our operations, please don’t hesitate to contact me at t-hannen@cranfordnj.org, or at 908-709-7200.

**Thomas H. Hannen, Jr., Mayor**

**Township Directory**

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2017 SOLID WASTE GUIDE
Please Retain this Helpful Guide:
The guide provides information about the Conservation Center, Curbside Recycling, Hazardous Waste disposal and Bulky Waste disposal.

Conservation Center - 210 Birchwood Avenue
The Conservation Center can be used by residents to recycle yard waste, brush, glass, aluminum, electronics, steel, plastic and paper. The Center also accepts used motor and oil filters. A Yard Waste Permit is required to drop off home generated yard debris, however there are many recyclables that can be brought to the Center that do not require a permit.

See the Recycling Guide on the following pages for more details.

HOW TO OBTAIN A YARD WASTE PERMIT

Please Note: The conservation center will only accept checks on weekends – No Cash.

 Permit Purchase
A 2017 permit will be valid until April 4, 2018
Residents can purchase a permit the following ways:
• In-person at the Conservation Center
• By mail

TO APPLY BY MAIL:
• You must fill out the application form
• Enclose a check for $75 made out to the Township of Cranford.
• Send to: Cranford Twp. Conservation Center
  8 Springfield Avenue
  Cranford, NJ 07016

You must have a permit sticker affixed to the driver’s side back window in order to deposit your debris at the Center.

Yard Material Accepted (with permit)
• Yard and garden clippings
• Grass clippings, leaves, “Gum Balls”
• Hedges & shrubs (do not need bundling)
• Tree parts and stumps (max. 24” long)
• Firewood (max. 24” long, max. 2 feet in diameter)

Yard Material Not Accepted:
• Broken concrete, stones, bricks, dirt
• Tree stumps larger than 2’ in diameter
• Demolition material, rotten wood, wood chips
• Combustible materials such as vehicle batteries, gasoline, solvents
• Tree parts longer than 24” in length

Leaves
• Leaves can be brought to the Center all year long without a permit.
• The Fall Leaf Collection Program will be in the September issue of the Township News.

PLEASE NOTE:
Only one permit will be sent through the mail per household. To obtain a permit for a second vehicle in your household, you must wait until April 29th and come in person to the Conservation Center. There is a limit of two permit stickers per household for the $75 fee.
Questions & Answers

Q. Where do I dispose of hazardous waste products like pesticides, pool chemicals and antifreeze?
A. Union County offers collection events for hazardous waste disposal throughout the year. To learn more visit: www.ucnj.org or call 908-654-9889.

Q. Does the Township provide for residential garbage service?
A. The Township does not provide residential garbage service. Residents must contract privately for this service. See the list under Important Contact Information for a list of haulers.

Q. How do I dispose of latex paint?
A. If there is liquid paint in the can and you can't use it, remove the lid and let the paint air dry or add absorbent material such as kitty litter or speedy-dry to hasten the drying process. When solidified place the can in a plastic bag and dispose of it with your regular trash.

Q. How do I remove large items that can not be disposed of with my regular household garbage?
A. For removal of old appliances, furniture, renovation materials or other bulky waste items, residents have three options:
1. Ask your private trash company if they will take the items.
2. The Township is seeking Bids for Bulky Waste Collection. Details will be posted on the Township website when available.

Important Contact Information

Twp. Office of Recycling ......................... 908-709-7217
Recycling, Conservation Center
Cleanup Week

Giordano ........................................ 800-216-2250
Curbside Recycling Contractor: Call for missed pickups

Twp. Dept. of Public Works ................. 908-709-7217
Union County .................................. 908-654-9890
Household Hazardous Waste Program
Computer & Electronic Collection Events

Residential Garbage Haulers
A & S Sanitation .................................. 908-889-4262
Ferreira Carting .................................. 908-209-0021
Grand Sanitation ................................. 908-222-1566
Midco ................................................ 908-561-8380
R.N.D. Disposal ................................. 908-232-7494
Waste Management ............................ 800-371-7329
DeLuca ............................................. 844-335-8221

Recycling Reminders!

These items can be recycled locally all year long:

At Conservation Center
Motor Oil and Motor Oil Filters, Electronics, Magazines, Junk Mail, Office Paper

On Curbside Recycling Days
Hardcover & Softcover Books, Magazines, Junk Mail, Office Paper

Buying a new car?

Please remove the permit sticker from your old vehicle and bring it to the Conservation Center so we can issue a new one at no charge.
• Commingled: Paper milk and juice cartons, empty aerosol cans, plastic bottles and jars (type 1&2), aluminum cans, foil, pie plates, glass bottles/jars, steel tin cans.

• Mixed paper and junk mail must be tied or put in paper bags at curb.

• Corrugated cardboard must be flattened and bundled with twine.

• Newspapers & magazines must be bundled with twine.

• Pickups are made rain or shine.

• Place your recyclables curbside by 6am on the scheduled day or the night before pickup.

2017 / 2018 RECYCLING SCHEDULE

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**Town-Wide Recycling Pickup Day**
(includes Northside & Southside)
What To Recycle, Where & How to Recycle

**AEROSOL CANS** *(MUST BE EMPTY)*
- **Curb Only:** Commingle with bottles and cans.
  - **DO NOT OVERFLOW CONTAINERS**

**ALUMINUM CANS**
- **Curb Only:** Commingle in sturdy recycling bucket (Clear Plastic Bags Permitted)
- **Conservation Center Only:** Designated separate container.

**ALUMINUM FOIL / PIE PLATES, ETC.** *
- **Curb Only:** Commingle in sturdy recycling bucket (Clear Plastic Bags Permitted)
- **Conservation Center Only:** Designated separate container.

**BROWN PAPER BAGS**
- **Curb & Conservation Center:** Bundle separately or with corrugated pile.

**CORRUGATED CARDBOARD**
- **Curb:** Flatten & tie, max size 4x4x1 foot high
- **Conservation Center:** Bundle or brown bag. Goes with corrugated.

**ELECTRONICS**
- **Conservation Center Only:** Computers, monitors, TV’s, laptops and tablets only. Resident must be able to put electronics in the container. Assistance will not be provided with lifting.

**FLUORESCENT BULBS** *(Tubes Only - No CFL)*
- **Conservation Center Only:** Bring to designated containers.

**GLASS BOTTLES & JARS** *
- **Curb:** Commingle in sturdy recycling bucket (Clear Plastic Bags Permitted)
- **Conservation Center:** Separate by color.
  - **DO NOT OVERFLOW CONTAINERS**

**HARDCOVER BOOKS**
- **Curb:** Tie in bundles or put in brown paper bag.
- **Conservation Center:** Bundle or brown bag. Goes with corrugated.

**MIXED PAPERS**
- Magazines, junk mail, envelopes, file folders, computer and office paper, notebook paper, catalogs, phone books, Gray-brown paperboard, non-corrugated boxes like cereal boxes, gift boxes and shoe boxes
- **Curb & Conservation Center:** Tie securely with string or twine or place in large paper bag. No plastic bags.
  - **Note:** Shredded paper may be collected in a clear plastic bag at curbside or Conservation Center.

**NEWSPAPERS** *(Includes newspaper inserts)*
- **Curb & Conservation Center:** Tie securely with string or twine only. No tape or wire, no bags.

**PAPER MILK & JUICE CARTONS** *
- **Curb Only:** Commingling in sturdy recycling bucket (Clear Plastic Bags Permitted)
  - **DO NOT OVERFLOW CONTAINERS**

**PAPERBACK BOOKS**
- **Curb & Conservation Center:** Tie in bundles or put in brown paper bag.

**PLASTIC BOTTLES & JARS** *
- **Type 1 & 2 Only**
- **Curb:** Commingle in sturdy recycling bucket (Clear Plastic Bags Permitted)
- **Conservation Center:** Designated separate containers.
  - **DO NOT OVERFLOW CONTAINERS**

**PLASTIC CONTAINERS** *
- **Type 3 to 7**
- **Conservation Center Only:** Designated separate container.

**STEEL / TIN CANS** *
- **Curb:** Commingle in sturdy recycling bucket (Clear Plastic Bags Permitted)
- **Conservation Center:** Designated, separate container.

**USED CLOTHING / TEXTILES**
- Includes paired shoes and socks, hats, belts, drapes, towels, sheets, nylon curtains. (Can also be saved for charitable drives)
- Place in clean items in tied plastic bag and bring to: Fanwood Recycling Center, North Avenue, Fanwood, NJ
- **Hours:** Weds. & Sat. 9:00am to 1:00pm

**USED MOTOR OIL & MOTOR OIL FILTERS**
- **Conservation Center Only:** Bring to designated containers.
  - **Note:** Drip-dry plastic bottles from motor oil can be recycled with plastic bottles.

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**Do Not Recycle At Curbside**

- Empty Paint Cans
- Metal clothes hangers (Return to cleaners)
- Plastic tubs such as margarine, yogurt, or any plastic bottle that's not type 1 or 2.
- Plastic flower pots or 5 gallon buckets
- Styrofoam
- Plastic and metal lids, caps from bottles & jars
- Excessively dirty food containers
- Window glass ceramics, mirrors, crystal, dishes, drinking glasses, Pyrex, light bulbs
- Wet clothing, pillows, rugs, foam-backed drapes
- Aerosol cans or paint cans that are not completely empty!
- Any container from pesticides, gasoline, kerosene, propane, etc.
- Fluorescent Bulbs ( Tubes)
Please Note: The conservation center will only be accepting checks on weekends – *No Cash.*

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**2017 Conservation Center Permit Application**

Please print clearly.

Name: _______________________________________________________________________

Cranford Address: _______________________________________________________________________

Vehicle Make & Model: ____________________________ Color: ____________________________

License Plate No. ____________________________

☐ Photocopy of Vehicle Registration Attached

☐ Leased Car ☐ Company Owned Car

Name of Lessor or Company _______________________________________________________________________

If you are applying for a permit for a leased or company owned car you are required to also mail a copy of your Driver's License.

Enclosed is your check # ____________________________, payable to "Township of Cranford"

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OFFICE USE ONLY

Permit No. ____________________________ Date Processed ____________________________

Initials: ____________________________ Entered ____________________________

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UNION COUNTY SPONSORED
PROGRAMS

Dates, Times and Location vary:

www.ucnj.org/recycling
908-654-9890

Electronics • Household Hazardous Waste • Mobile Paper Shredding • Tires
Motor Oil/Filter • Fluorescent Bulbs • Propane Tanks • Medication • Batteries
Syringe Disposal • Smoke Detectors • Helium Tanks • Scrap Metal

OTHER DISPOSAL OPTIONS

Scrap Metal Recycling
1st Thursday of each month
and
3rd Saturday of each month
9am – 12pm at the following facilities:

County Emergency Service Building – 151 Kenilworth Blvd., Cranford, NJ
Rahway Park Service Yard – St. Georges Avenue, Rahway, NJ

Acceptable Materials: Aluminum • Air Conditioners • Brass • Bicycles • Cabinets
Copper • Dishwashers • Fencing (chain/wire) • Gutters • Irons • Lawn Furniture
Microwaves • Railings • Refrigerators/Freezers • Scrap/Cans • Sheds (metal)
Siding (aluminum) • Stoves • Tire Rims • Toasters • Wire Hangers
Window Frames (without glass)

E-waste Disposal
Recycle at the Conservation Center during operating hours.

Acceptable Items: T.V.s • Computers • Monitors
Laptops • Tablets • E-Readers • Printers • Copy Machines • Fax Machines

CLEAN COMMUNITIES

Mini-Grant funding is available for groups and organizations interested in organizing a Community Clean-Up program.
To Learn more contact: dpw@cranfordnj.org
Swim Pool Staff
Stephen P. Robertazzi, RA, CPO
Director, Recreation and Parks/
Swim Pool Utility
Anne Dolan, CPO
Facility Manager

Swim Pool Advisory Board
Ann Dooley
Commissioner/Liaison
Stephen P. Robertazzi, RA, CPO
Director, Recreation and Parks/
Swim Pool Utility
Joseph Starkey, Chairperson
James Byrne
Marybeth Byrne
Kevin Campbell
Karl Heinze
Eileen Leahey
Jerry Dobbins
Susan Cave
Gators Representative
John Harnett

SUMMER MEMBERSHIP (May 27 – September 10, 2017)
Pools Open Memorial Day Weekend

OUTDOOR POOL HOURS of OPERATION (Orange & Centennial)

(Hours are subject to change)

May 27, 28, 29  Sat., Sun., Mon. 10:00 am to 7:00 pm
May 30, 31 June 1, 2  Tues., Wed., Thur., Fri. 4:00 pm to 8:00 pm
June 3 & 4  Sat. & Sun. 10:00 am to 7:00 pm
June 5 thru 9  Mon., Tues., Wed., Thur., Fri. 4:00 pm to 8:00 pm
June 10, 11  Sat. & Sun. 10:00 am to 7:00 pm
June 12 thru 16  Mon., Tues., Wed., Thur., Fri. 4:00 pm to 8:00 pm
June 17, 18  Sat. & Sun. 10:00 am to 7:00 pm
June 19 thru Sept. 1  Daily 10:00 am to 7:00 pm
September 2, 3  Mon. - Labor Day 11:00 am to 7:00 pm
September 4

Orange Avenue Pool
Closes September 4 @ 7:00 pm

Centennial Avenue Pool
Closes September 10 @ 6:00 pm

Facility reopens for winter season on Monday, September 25 at 5:00 am

DIVING BOARDS & SLIDES open at 12:00 pm – when staffing permits.
Pools will be open until 9:00 pm – Thursday & Friday nights
from June 22 – August 11

Registration 2017 (All registration is performed at the Centennial Avenue Pool complex or online at www.cranford.com/pool)

Registration Begins:
Residents & Annual Members ..................... March 1
Non-Residents (Summer or Winter) .................. April 3
Open Registration (current waiting list first) ......... April 15

DO NOT set up a new account as your ID’s will no longer work with the new account!

Online Registration: You can securely register your entire family at one time from the comfort of your home or workplace, 24 hours a day, 7 days a week. If re-registering and you do not know your password, PLEASE call the pool and we will send it to you.
If you have already created an account with Community Pass, you are able to use that login information. If you do have an account, upon completing registration you will receive an email containing your login information. Be sure to keep this email in a safe place so that you can continue to enjoy the convenience of online registration.

In-Person Registration Hours
Monday & Wednesday ..................... 9:00 am to 4:00 pm
Tuesday & Thursday ..................... 9:00 am to 8:30 pm
Friday ...................................... 9:00 am to 2:00 pm
Saturday .................................... 10:00 am to 2:00 pm

Call for night and weekend hours after July 1, 2017

Proof of Residency: A Union County I.D. Card, etc. is required. Birth Certificates of children are required unless they were verified as a member during the previous year. Please keep your I.D. cards from season to season. There is a $10 lost card fee.

Refund Policy: A full refund will be given if requested in writing prior to the first day of membership. Once membership begins, refunds will only be issued in cases due to medical reasons and will require documentation. Refunds are issued by township check, so please allow 4 - 6 weeks.
Guest Privileges: Each member has the privilege of bringing a guest or guests to the facility for a guest fee. Members are responsible for educating your guest about the rules of our facility. All guests must be with a member when entering the facility, even if using a guest pass.

Beginning March 1, Guest Pass booklets available for members only! 10 Pass Books are $80.00. Only 2 booklets per membership.


No refunds are given on passes. There are a limited number of Pass Books issued. Purchase them early. They are available on a first come first serve basis.

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An individual who is 24 years of age or older or will become 24 years of age in the current year cannot be considered as a “child” in this membership.

A child who is 2 years of age or older, or will become 2 years of age in the current year is considered a “child”.

Make checks payable to: Cranford Swim Pool Utility.
Visa, Master Card & Discover are accepted.
Please keep your I.D. cards from season to season. There is a $10.00 lost card fee.

Facilities may close early on evenings of special events. Events will be posted and announced at each pool.
The Cranford Pool and Fitness Center is pleased to be affiliated with Starfish Aquatics Institute. The Starfish Aquatics curriculum is used in our swim pool program. Starfish Aquatics Institute, a nationally recognized curriculum for swim instruction, emphasizes water safety and promotes skill development by recognizing the achievements a swimmer makes as they advance through the program.

What is Starfish Swimming®?
Cranford Pool & Fitness Center is an independent authorized provider of Starfish Swimming. Starfish Swimming is a nationally recognized swim instruction curriculum developed by the Starfish Aquatics Institute (SAI). Learn more about SAI at www.starfishaquatics.org. The Starfish Swimming curriculum is designed for student's age's 6-months to adult. Benchmarks are established at each stage in the program that combine both swimming and safety skills. Students participate in experiential learning activities that allow them to explore the water in a creative and comfortable environment. Correct swimming techniques are taught from the very beginning, providing an easy transition to swim team.

Our curriculum includes StarBabies™ (ages 6-months to 36-months), Starfish Swim School® (ages 3 and up) and Starfish Stroke School™ programs. Our swim instructors will communicate your child’s progression through the curriculum on a regular basis.

Registration begins April 17, 2017

No Refunds on swim lessons. No Make-up on swim lessons. You may only sign up for ONE session at a time.

What role do I play in my child’s swimming development?
As a parent or caregiver, you play a vital role in your child’s swimming development. You have already taken the first step, by registering your child for swim lessons. Now you must continue to communicate with your child’s instructor and practice, practice, practice!

The bathtub is a great place to start practicing! Bubbles, breath holding, looking underwater, floating and kicking can all take place in the bathtub! A few trips to the pool between swim lessons are nice too! You shouldn’t feel the need to push children to do every thing they are doing in swim lessons. Just give them the opportunity to get wet, splash around and explore the water on their own terms.

But remember: supervision is a must! While swimming lessons are one layer of protection, nothing beats supervision. Keep your eyes on your child whenever you are in, on, or near the water!

If you have any questions, please do not hesitate to ask. We’re here for you.
Star Babies & Star Tots Swim Courses

The purpose of these courses is to foster in very young children a high comfort level in the water while at the same time training parents and caregivers in water safety and drowning prevention. This course does not teach children to become accomplished swimmers or to survive in the water; it does provide a confidence building, fun and loving experience.

Trust and Comfort
Safety Skill:
Understand constant and dedicated surveillance.
Swim Skill:
Parent and child are relaxed and confident and enjoy going in the water together.

Body Positions
Safety Skill:
Fit and properly put a life jacket on the child.
Swim Skill:
Perform a relaxed front, back, vertical and side position for at least 5 seconds each.

Submersion
Safety Skill:
Use floatation to help someone in the water and know how to call 911.

Swim Skill:
Enter from the wall, submerge, turn around, grab on to the wall and pull up (assisted).

Air Recovery and Rollover
Safety Skill:
Identify six methods of preventing recreational water illness
Swim Skill:
Enter from the wall submerge, come to the surface unassisted and get a breath in vertical or horizontal (on back) position.

Forward Movement
Safety Skill:
Know about infant and child CPR.
Swim Skill:
Move through the water independently 10 feet with or without floatation.

CENTENNIAL AVENUE SWIM LESSONS

Star Babies™ & Star Tots™
Ages: 6 months – 3 years
Time: 11:15am to 11:50am

Session 1: June 26 – June 30  Session 2: July 3 – July 7*
Session 3: July 10 – July 14  Session 4: July 17 – July 21
Session 5: July 24 – July 28  Session 6: July 31 – Aug. 4
Session 7: Aug. 7 – Aug. 11  Session 8: Aug. 14 – Aug. 18
Session 9: Aug. 21 – Aug. 25

*No class July 4

Fee: $40 per session – $35 (session 2)

Formerly our Pre/K program. This Starfish Swim School will be designed for our 3 – 5 year olds.

SEA SQUIRTS
Ages: 3 years – 5 years
Time: 11:15am to 11:50am

Session 1: June 26 – June 30  Session 6: July 31 – Aug. 4
Session 2: July 3 – July 7*   Session 7: Aug. 7 – Aug. 11
Session 3: July 10 – July 14  Session 8: Aug. 14 – Aug. 18
Session 4: July 17 – July 21  Session 9: Aug. 21 – Aug. 25
Session 5: July 24 – July 28

*No class July 4

Fee: $40 per session – $35 (session 2)

SAVE THE DATE
We will be participating in the World’s Largest Swim Lesson again this year. Mark your calendars for Thursday June 22.
More details to follow.

The Starfish Swimming skills are proprietary information of SAI and cannot be copied or reproduced.
Students work toward development of the five core swimming competencies. The stages are used to divide students into broad ability groups. Children progress at individual rates with the opportunity to learn the core swimming skills and progress to advanced strokes. Learning is self-paced but challenging.

**CLOWNFISH** (Formerly Level 1)

**Ages:** 6 years and up

**Trust and Submersion – Body Position and Air Recovery**

**Safety Skill:** Always ask permission before getting in the water AND put on a lifejacket, float on back and kick 20 feet.

**Swim Skill:** Assisted submersion, relax 5 seconds and then come up to breathe AND jump in, submerge, recover for air, roll on back for 5 seconds in swimwear and in regular clothes.

**Time:** 9:45am – 10:20am or 10:30am – 11:05am

**Session 1:** June 26 – June 30

**Session 2:** July 3 – July 7*

**Session 3:** July 10 – July 14

**Session 4:** July 17 – July 21

**Session 5:** July 24 – July 28

**Session 6:** Aug. 7 – Aug. 11

**Session 7:** Aug. 14 – Aug. 18

**Session 8:** Aug. 21 – Aug. 25

*No class July 4

**Fee:** $40 per session

$35 (session 2)

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**PUFFERFISH** (Formerly Level 2)

**Ages:** 6 years and up

**Submersion**

**Safety Skill:** Reach or throw (Don’t Go) and know how to call 911

**Swim Skill:** Jump in, submerge, recover for air, forward movement 10 feet, change direction and return to wall in swimwear and in regular clothes.

**Time:** 9:45am – 10:20am or 10:30am – 11:05am

**Session 1:** June 26 – June 30

**Session 2:** July 3 – July 7*

**Session 3:** July 10 – July 14

**Session 4:** July 17 – July 21

**Session 5:** July 24 – July 28

**Session 6:** Aug. 7 – Aug. 11

**Session 7:** Aug. 14 – Aug. 18

**Session 8:** Aug. 21 – Aug. 25

*No class July 4

**Fee:** $40 per session

$35 (session 2)

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**SEA TURTLES** (Formerly Level 3)

**Ages:** 6 years and up

**Body Rotation**

**Integrated Movement**

**Safety Skill:** Tread water for 15 seconds AND survival float and tread water for 30 seconds.

**Swim Skill:** Jump in, submerge, recover to side glide position and kick 10 feet AND start in side glide, swim freestyle 30 feet with 1-2-3 breathe pattern.

**Time:** 9:45am – 10:20am or 10:30am – 11:05am

**Session 1:** June 26 – June 30

**Session 2:** July 3 – July 7*

**Session 3:** July 10 – July 14

**Session 4:** July 17 – July 21

**Session 5:** July 24 – July 28

**Session 6:** Aug. 7 – Aug. 11

**Session 7:** Aug. 14 – Aug. 18

**Session 8:** Aug. 21 – Aug. 25

*No class July 4

**Fee:** $40 per session

$35 (session 2)
### Centennial Avenue Starfish Stroke School™

Students refine freestyle and learn stroke technique for backstroke, butterfly, breaststroke and more!

#### PELICANS (Formerly Level 4)
**Ages:** 6 years and up  
**Freestyle, Backstroke and Introduction to Butterfly**  
**Safety Skill:** Always ask permission before getting in the water AND put on a lifejacket and kick 30 feet.  
**Swim Skill:** Swim freestyle 30 feet with body stretched out and consistent form AND swim 30 feet backstroke with straight arm recovery, body roll, good arm and body extension.  
**Time:** 9:45am – 10:20am or 10:30am – 11:05am  
**Session 1:** June 26 – June 30  
**Session 2:** July 3 – July 7*  
**Session 3:** July 10 – July 14  
**Session 4:** July 17 – July 21  
**Session 5:** July 24 – July 28  
**Session 6:** July 31 – Aug. 4  
**Session 7:** Aug. 7 – Aug. 11  
**Session 8:** Aug. 14 – Aug. 18  
**Session 9:** Aug. 21 – Aug. 25  
*No class July 4  
**Fee:** $40 per session – $35 (session 2)

#### STINGRAYS (Formerly Level 5)
**Ages:** 6 years and up  
**Butterfly**  
**Safety Skill:** Scenario assist and know when to call 911.  
**Swim Skill:** Swim 4 strokes butterfly and only one breath. Then remainder of pool freestyle.  
**Time:** 9:45am – 10:20am or 10:30am – 11:05am  
**Session 1:** June 26 – June 30  
**Session 2:** July 3 – July 7*  
**Session 3:** July 10 – July 14  
**Session 4:** July 17 – July 21  
**Session 5:** July 24 – July 28  
**Session 6:** July 31 – Aug. 4  
**Session 7:** Aug. 7 – Aug. 11  
**Session 8:** Aug. 14 – Aug. 18  
**Session 9:** Aug. 21 – Aug. 25  
*No class July 4  
**Fee:** $40 per session – $35 (session 2)

#### BARRACUDAS (Formerly Level 6)
**Ages:** 6 years and up  
**Breaststroke**  
**Endurance**  
**Safety Skill:** Discuss the Starfish safety concepts AND thread water or survival float for 2 minutes.  
**Swim Skill:** Swim 30 feet breaststroke with good timing and extension AND swim freestyle 50 yards; swim backstroke 50 yards; swim 25 yards butterfly; swim 25 yards breaststroke; perform freestyle and backstroke flip turns and butterfly and breaststroke open turns.  
**Time:** 10:30am – 11:05am  
**Session 1:** June 26 – June 30  
**Session 2:** July 3 – July 7*  
**Session 3:** July 10 – July 14  
**Session 4:** July 17 – July 21  
**Session 5:** July 24 – July 28  
**Session 6:** July 31 – Aug. 4  
**Session 7:** Aug. 7 – Aug. 11  
**Session 8:** Aug. 14 – Aug. 18  
**Session 9:** Aug. 21 – Aug. 25  
*No class July 4  
**Fee:** $40 per session – $35 (session 2)

#### SWIMPREP
**Ages:** 6 years and up, having passed Barracudas  
**For those who have completed Barracudas.** Focuses on functional swimming skills such as self-rescue and endurance. Designed for the student who wishes to increase confidence and competence in the water.  
**Time:** 9:45am – 10:20am  
**Fee:** $40 per session – $35 (session 2)

*No class July 4
Orange Avenue Starfish Swim School – 6 Years and Up

Students work toward development of the five core swimming competencies. The stages are used to divide students into broad ability groups. Children progress at individual rates with the opportunity to learn the core swimming skills and progress to advanced strokes. Learning is self-paced but challenging.

CLOWNFISH (Formerly Level 1)
Ages: 6 years and up

**Trust and Submersion – Body Position and Air Recovery**

**Safety Skill:** Always ask permission before getting in the water AND put on a lifejacket, float on back and kick 20 feet.

**Swim Skill:** Assisted submersion, relax 5 seconds and then come up to breathe AND jump in, submerge, recover for air, roll on back for 5 seconds in swimwear and in regular clothes.

Time: 9:45am – 10:20am or 10:30am – 11:05am

Session 1: June 26 – July 7*
Session 2: July 10 – July 20
Session 3: July 24 – Aug. 3
Session 4: Aug. 7 – Aug. 17

*No class July 4

Fee: $75 per session

PUFFERFISH (Formerly Level 2)
Ages: 6 years and up

**Submersion**

**Safety Skill:** Reach or throw (Don't Go) and know how to call 911

**Swim Skill:** Jump in, submerge, recover for air, forward movement 10 feet, change direction and return to wall in swimwear and in regular clothes.

Time: 9:45am – 10:20am or 10:30am – 11:05am

Session 1: June 26 – July 7*
Session 2: July 10 – July 20
Session 3: July 24 – Aug. 3
Session 4: Aug. 7 – Aug. 17

*No class July 4

Fee: $75 per session

SEA TURTLES (Formerly Level 3)
Ages: 6 years and up

**Body Rotation – Integrated Movement**

**Safety Skill:** Tread water for 15 seconds AND survival float and tread water for 30 seconds.

**Swim Skill:** Jump in, submerge, recover to side glide position and kick 10 feet AND start in side glide, swim freestyle 30 feet with 1-2-3 breathe pattern.

Time: 9:45am – 10:20am or 10:30am – 11:05am

Session 1: June 26 – July 7*
Session 2: July 10 – July 20
Session 3: July 24 – Aug. 3
Session 4: Aug. 7 – Aug. 17

*No class July 4

Fee: $75 per session
Orange Avenue Starfish Stroke School™

Students refine freestyle and learn stroke technique for backstroke, butterfly, breaststroke and more!

**PELICANS** (Formerly Level 4)

**Ages:** 6 years and up

**Freestyle, Backstroke and Introduction to Butterfly**

**Safety Skill:** Always ask permission before getting in the water AND put on a lifejacket and kick 30 feet.

**Swim Skill:** Swim freestyle 30 feet with body stretched out and consistent form AND swim 30 feet backstroke with straight arm recovery, body roll, good arm and body extension.

**Time:** 9:00am – 9:35am or 9:45am – 10:20am

**Session 1:** June 26 – July 7*
**Session 2:** July 10 – July 20
**Session 3:** July 24 – Aug. 3
**Session 4:** Aug. 7 – Aug. 17

*No class July 4

**Fee:** $75 per session

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**STINGRAYS** (Formerly Level 5)

**Ages:** 6 years and up

**Butterfly**

**Safety Skill:** Scenario assist and know when to call 911.

**Swim Skill:** Swim 4 strokes butterfly and only one breath. Then remainder of pool freestyle.

**Time:** 9:00am – 9:35am or 10:30am – 11:05am

**Session 1:** June 26 – July 7*
**Session 2:** July 10 – July 20
**Session 3:** July 24 – Aug. 3
**Session 4:** Aug. 7 – Aug. 17

*No class July 4

**Fee:** $75 per session

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**BARRACUDAS** (Formerly Level 6)

**Ages:** 6 years and up

**Breaststroke**

**Endurance**

**Safety Skill:** Discuss the Starfish safety concepts AND thread water or survival float for 2 minutes.

**Swim Skill:** Swim 30 feet breaststroke with good timing and extension AND swim freestyle 50 yards; swim backstroke 50 yards; swim 25 yards butterfly; swim 25 yards breaststroke; perform freestyle and backstroke flip turns and butterfly and breaststroke open turns.

**Time:** 9:00am – 9:35am

**Session 1:** June 26 – July 7*
**Session 2:** July 10 – July 20
**Session 3:** July 24 – Aug. 3
**Session 4:** Aug. 7 – Aug. 17

*No class July 4

**Fee:** $75 per session

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**SWIMPREP**

**Ages:** 6 years and up, having passed Barracudas

**For those who have completed Barracudas.**

Focuses on functional swimming skills such as self-rescue and endurance. Designed for the student who wishes to increase confidence and competence in the water.

**Time:** 9:00am – 9:35am

**Session 1:** June 26 – July 7*
**Session 2:** July 10 – July 20
**Session 3:** July 24 – Aug. 3
**Session 4:** Aug. 7 – Aug. 17

*No class July 4

**Fee:** $75 per session
Starfish Aquatic Institute
Training Classes

The Cranford Pool and Fitness Center is pleased to be affiliated with Starfish Aquatics Institute. Starfish Aquatics Institute is a nationally recognized curriculum for swim instruction, emphasizes water safety and promotes skill development by recognizing the achievements a swimmer makes as they advance through the program.

The Cranford Pool & Fitness Center offers a variety of Starfish Aquatic Training classes. Payment is due on the first day of class or after successful completion of pre-test. If you do not pass the course, no refund will be given.

Safety Classes

StarGuard Training

StarGuard is an integrated curriculum and includes emergency care skills necessary to protect life or prevent further injury until EMS arrives. The performance objectives of the American Safety & Health Institute CPR, First Aid, Bloodborne Pathogens, Emergency Oxygen and Automated External Defibrillation (AED) are built into the course. The integration results in a more confident, competent lifeguard.

The American Safety & Health Institute in partnership with Starfish Aquatics uses a systematic, thorough planning process to assure that program materials reflect the most current knowledge available. Ongoing research with a national peer review ensures up-to-date information and programs that have sound educational formats.

Candidates will be taught the skills and knowledge to prevent, recognize, and respond to emergencies and to provide care for injuries and sudden illnesses until advanced medical personnel arrive and take over. This course also includes training in aquatic-specific first aid and cardiopulmonary resuscitation (CPR) training and AED.

PREREQUISITES: Swim 350 yards, head up continuously, 50 yards, head up with rescue tube, 100 yards of front crawl, 100 yards of breaststroke and 100 yards of either front crawl or breaststroke; Swim 20 yards using front crawl or breaststroke, surface dive to a depth of 7-10 feet, retrieve a 10-pound object, return to surface, and swim 20 yards back to starting point with the object, and get out of the pool in 1 minute 40 seconds.

PRETEST for July Class:
- Day: Monday
- Date: July 10, 2017
- Time: 5:00pm – 7:30pm

CLASS DATES:
- Day: Mondays, Tuesdays and Thursdays
- Date: July 11, 12, 17, 18, 20, 24, 25, 27
- Time: 5:00pm – 9:30pm

PRETEST for August Class:
- Day: Monday
- Date: July 31, 2017
- Time: 5:00pm – 7:30pm

CLASS DATES:
- Day: Mondays, Tuesdays and Thursdays
- Date: August 1, 3, 7, 8, 10, 14, 15, 17
- Time: 5:00pm – 9:30pm
- Fee: $250 Members
  $300 Non-Members

Attendance is required on all days and times of each course section.

Cancellations & Refunds – The fees include materials and certifications unless otherwise noted. (See individual course listings). All fees are due at the time of registration. Registrations are on a first-come/first serve basis with at least 2 weeks notice will receive a 50% refund. No refunds will be given within 1 week of the class start date.

Star Course

This program is designed for children 11 years old (or who have completed the 5th grade) through 14 years of age. This will not certify anyone to be a lifeguard but will build a foundation of basic water safety knowledge, attitudes and skills for future lifeguards.

CLASS DATES:
- Day: Monday thru Thursday
- Dates: Call Centennial Avenue Pool if interested.
- Fee: $100.00 Members
  $125.00 Non Members
Bloodborne Pathogens Training
This training module is designed for first responders, health care professionals, lifeguards, and other workers who are at risk for on-the-job exposure to blood and body fluids that can cause infection. This course helps to meet training requirements for the OSHA bloodborne pathogens standard.

CPR/AED for Professional Rescuers and Health Care Providers
As an EMT, firefighter, athletic trainer or lifeguard, it is your duty to respond to cardiac or breathing emergencies until more advanced medical personnel can take over. From assessing needs and making decisions to providing care, this program provides the skills you need through discussion; video and hands-on training based on real-life rescue scenarios. Course covers adults, children and infants and includes free online refreshers.

Starfish Swim Instructor
This course is for individuals who desire to become a swim instructor. The Starfish Swimming Program allows you to reach people of all ages to swim for pleasure, fitness or competition and teach them correctly.

Prerequisites: Minimum of age 16. Must pass water skills screening to validate swimming ability at a level appropriate to demonstrate skills that correspond with the curriculum.

StarGuard Review Course
The Review course is designed to review the lifeguarding skills and core knowledge points required to recertify in lifeguarding.

Prerequisite: Current Red Cross Lifeguarding/First Aid/CPR/AED or current StarGuard/First Aid/CPR/AED certificate. Note: If the Lifeguarding/First Aid/CPR/AED certificate is expired, participants must take the full Lifeguarding or Shallow Water Lifeguarding course.

First Aid/CPR/AED for Workplaces, Schools and Individuals
- First Aid: Learn how to respond to common first aid emergencies, including burns; cuts; head, neck and back injuries and more. Pediatric option available.
- CPR/AED Learn how to respond to cardiac and breathing emergencies in adults, including the use of automated external defibrillators (AED). Adult and infant/child CPR options available.
- Review Renew your First Aid/CPR/AED certification in an abbreviated class session. Current certification is required.
- Challenge Prepare on your own and demonstrate skill competency in front of an ASHI instructor. Current certification is not required.
# KIDZ KLUB 2017

## Members Only

<table>
<thead>
<tr>
<th>Week</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>June 19 to June 23</td>
</tr>
<tr>
<td>2</td>
<td>June 26 to June 30</td>
</tr>
<tr>
<td>3</td>
<td>July 3 to July 7 (no camp July 4)</td>
</tr>
<tr>
<td>4</td>
<td>July 10 to July 14</td>
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<tr>
<td>5</td>
<td>July 17 to July 21</td>
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<tr>
<td>6</td>
<td>July 24 to July 28</td>
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<tr>
<td>7</td>
<td>July 31 to August 4</td>
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<tr>
<td>8</td>
<td>August 7 to August 11</td>
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<tr>
<td>9</td>
<td>August 14 to August 18</td>
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<tr>
<td>10</td>
<td>August 21 to August 25</td>
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</tbody>
</table>

Weekly sessions include a variety of arts & crafts, games, sports, swimming, outdoor play and day trips, which are included in the weekly price. **Swim lessons are available for a discounted rate.**

Kidz Klub is designed for three age groups: 5/6 years old; 7/8 years old; and 9/10 years old; as well as 11 year old siblings or “graduates” of Kidz Klub. You may attend all sessions, a few, or just one week or whatever fits your schedule.

Hours: Weekdays 8:00am to 5:30pm. Earlier drop-off at 7:00am and later pick-up at 6:30pm is available for an additional fee: $5.00 per hour.

## Fees:

<table>
<thead>
<tr>
<th>Duration</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>1 - 2 weeks</td>
<td>$200.00 each week</td>
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<tr>
<td>3 - 5 weeks</td>
<td>$190.00 each week</td>
</tr>
<tr>
<td>6+ weeks</td>
<td>$180.00 each week</td>
</tr>
</tbody>
</table>

A non-refundable registration fee of $75.00 per child is required at the time of registration. Fee includes KK clothing & Rash Guard swim shirt. A 20% deposit is also required at the time of registration with the balance being due by June 7, 2017. A 10% discount is available for additional children calculated on the shortest enrollment.

**Space is limited – Register early! Pool Membership must be paid in full before registering for Kidz Klub.**

Enrollment begins March 1, 2017

Cranford Pool & Fitness Center
401 Centennial Avenue
Cranford, NJ 07016

Monday thru Friday, 8:30am – 3:30pm
Additional hours by appointment

Registration packets will be available at the Cranford Pool & Fitness Center or online @ www.cranford.com/pool by February 15, 2017

For additional information, please call Sally or Anne at 908-709-7260 Ext. 2307.

Parent orientation will be held on Wednesday, June 7, 2017 at 6:00pm
Membership includes:

- Instruction in use of equipment
- Assistance with self-directed training regimen
- Video-led routine for spin bikes

Rules of the Fitness Center

1. All members are required to scan their membership cards when entering and leaving the fitness center.

2. All members in the fitness center must be 18 years of age or older. An individual between the ages of 14 & 18 years of age will be allowed to use the equipment when closely and continuously supervised by an adult who assumes all responsibility for him or her.

3. Equipment use is at your own risk. You are liable for your own insurance in case of any injury or accident.

4. Members and guests are responsible for their own property. Management will not be responsible for any theft or loss of items.

5. All members and guests must wear at least a shirt and shorts or some suitable athletic attire and closed soft-soled shoes-preferably sneakers.

6. Water bottles are permitted in the fitness center. NO eating or gum chewing.

7. Management reserves the right to alter hours of operation when necessary.

8. Please do not bring gym bags, pocketbooks or other articles into fitness center. You may bring a lock and use a locker on a daily basis to protect your valuables.

### Hours of Operation

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 27, 28, 29</td>
<td>Sat., Sun., Mon.</td>
<td>10:00 am to 7:00 pm</td>
</tr>
<tr>
<td>May 30, 31, June 1, 2</td>
<td>Tues., Wed., Thur., Fri.</td>
<td>5:00 am to 8:00 pm</td>
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<tr>
<td>June 3, 4</td>
<td>Sat. &amp; Sun.</td>
<td>9:00 am to 7:00 pm</td>
</tr>
<tr>
<td>June 5 thru 9</td>
<td>Mon., Tues., Wed., Thur., Fri.</td>
<td>5:00 am to 8:00 pm</td>
</tr>
<tr>
<td>June 10, 11</td>
<td>Sat. &amp; Sun.</td>
<td>9:00 am to 7:00 pm</td>
</tr>
<tr>
<td>June 12 thru 16</td>
<td>Mon., Tues., Wed., Thur., Fri.</td>
<td>5:00 am to 8:00 pm</td>
</tr>
<tr>
<td>June 17, 18</td>
<td>Sat. &amp; Sun.</td>
<td>9:00 am to 7:00 pm</td>
</tr>
<tr>
<td>June 19 thru September 1</td>
<td>Weekdays</td>
<td>5:00 am to 8:00 pm</td>
</tr>
<tr>
<td>June 24 thru August 27</td>
<td>Weekends</td>
<td>9:00 am to 8:00 pm</td>
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<tr>
<td>September 2, 3</td>
<td>Saturday and Sunday</td>
<td>9:00 am to 7:00 pm</td>
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<tr>
<td>September 4</td>
<td>Mon. - Labor Day</td>
<td>11:00 am to 7:00 pm</td>
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<tr>
<td>September 5 thru 8</td>
<td>Mon., Tues., Wed., Thur.</td>
<td>5:00 am to 7:00 pm</td>
</tr>
<tr>
<td>September 9, 10</td>
<td>Sat. &amp; Sun.</td>
<td>12:00 pm to 6:00 pm</td>
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Open until 9:00 pm on Thursday & Friday nights from June 22 thru August 11
Membership Rules and Regulations

1. Members must scan membership card to gain admittance. No Exceptions!
2. Members and guests use the facility at their own risk. Members and parents are responsible for the actions of their guests and their children. No guests are permitted in facility unless accompanied by an member.
3. Children under the age of 12 are not allowed to enter facility unless accompanied by an adult. The Adult is expected to remain within the facility as long as the children are in the facility.
4. Boys over age 5 are not permitted in the Ladies room. Girls over age 5 are not permitted in the Men’s room.
5. Hair below shoulder length must be pulled back.
6. Glass or ceramic containers are not permitted anywhere in the facility.
7. Alcoholic beverages and controlled dangerous substances are prohibited throughout the facility and may result in loss of membership. No pets allowed within the facility.
8. Members and guests are liable for their own insurance in case of an accident or injury.
9. Members and guests are responsible for the safekeeping of their valuables.
10. NO SMOKING inside the facility. Violators will be subject to a $250 to $1,000 fine.
11. Gum chewing is prohibited throughout the entire pool and fitness area complex.
12. Selling of food or merchandise, except by authorized pool personnel or agents, will not be permitted within the facility complex.
13. Running, rough housing or rowdiness is prohibited and will not be tolerated. Behavior or activities creating conditions of danger or annoyance are prohibited within the facility complex. Loud playing radios are included in this category.
14. Eating and drinking are permitted in designated areas only. No food or drinks are permitted in the pool area.
15. No person will be allowed to enter the pool area unless a lifeguard is on duty.
16. ALL patrons are required to shower before entering the pool, sauna and spa.
17. Only bathing suits permitted in the pool, sauna and spa.
18. Toys, rubber balls, flotation devices, inner tubes, and snorkels are not permitted in the pool.
19. Any person having a communicable disease, open blisters or cuts, sore or inflamed eyes, ears, nose or mouth infections, or any type of skin disease, will be excluded from the pool area, fitness area, and baby sitting area. A doctor’s certificate of permission must be obtained by anyone who disagrees with the decision of the management. Management continues to maintain the right of refusal.
20. Dressing and undressing will take place only in the locker rooms. No street shoes are permitted in the immediate pool area.
21. Infants must wear rubber pants over diaper when in the water. Wearing disposable diapers or swim diapers only in the pool is not permitted. Children with swim diapers are only permitted in the baby pool and intermediate pool. No one in diapers is permitted in the main pool area.
22. Dress within the pool complex will be consistent with standards of good taste; all bathers must wear appropriate attire.
23. Remove band aids before entering the pool and discard in garbage receptacle.
24. No rough play in the pool (pushing, shoving, chicken fights, cannonballs, and sit outs).
25. No diving into the pool at any time except during an instructional class.
26. Use of the starting blocks is prohibited unless authorized by swim coach or instructor.
27. Lifeguards and facility staff members are responsible for enforcing all rules and regulations. Violations will be brought to the attention of the pool manager and/or the assistants who will take whatever actions are necessary to correct the situation.
28. The interpretation and enforcement of this body of rules and regulations will be the responsibility of the pool manager and/or assistants at all times. Decisions and actions made necessary for circumstances not specifically covered herein will be at the discretion of the manager.
29. Parents are not allowed on the pool deck during swim lessons and/or swim team practice.
30. Pool equipment (kick boards, pull buoys, buoyancy belts, hand buoys) is available for use. Please return all equipment to its proper place when you are finished with it.
31. The facility must be vacated by the designated closing hour. The Pool will be cleared 15 minutes prior to facility closing. Please do not loiter and exit the facility as quickly as possible.
32. There are NO EXCEPTIONS to any rules and regulations that govern the facility.
33. Management reserves the right to alter hours of operation when necessary.
34. Only swimmers 18 years of age or older are permitted to swim in the lap lanes.

Lightning Policy – If it is determined there is thunder and lightning in the area, all pools will be required to close immediately. All pools will remain closed until 30 minutes past the last visible lightning strike or thunder.
**Babysitting**

Babysitting is available from 9:00am to 12:00pm Monday through Friday beginning June 19. This service is available so that you can participate in lap swimming; exercise classes; use the fitness center, etc.

A 2 hour time limit is allowed per child. **You must remain on the premises.** Please do not abuse this service!!!

Fee:  
$5.00 per hour or any part of the hour, per child  
$100 for summer season for first child.  
($25 for each additional child)

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**Application Form – Summer 2017**

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| Home Phone | Emergency Phone | Company | Phone |

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Make checks payable to: Cranford Swim Pool Utility

Mail To: Cranford Swim Utility  
401 Centennial Ave.  
Cranford, NJ 07016

Cash and Credit Card (Master Card, Visa or Discover) payments must be made at the office.  
DO NOT mail cash payments.

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**Office Use Only**

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FLOOD HAZARD AREAS
Flooding is the number one natural disaster in the United States and the Township of Cranford, causing the most property damage. The Township is located in the Rahway River watershed and is traversed by a number of rivers that can cause flooding within the Township including the following:

- Rahway River
- Nomahegan Brook
- College Branch
- Orchard Brook

The Rahway River enters the Township’s municipal boundary from the Township of Springfield and flows in a southerly direction to the Township’s boundary with the Township of Clark. Tributaries to the Rahway River include the Nomahegan Brook, College Brook and Orchard Brook.

Nomahegan Brook is tributary to the Rahway River and begins in the northern portion of the Township within Nomahegan Park.

College Branch starts within the western portion of the Township and combines with the Rahway River along Park Drive.

Orchard Brook enters the Township’s southwestern municipal boundary from the Borough of Garwood and enters the Rahway River along Orchard Street.

Rivers within the Township are limited in capacity and tend to exceed their banks during heavy rainfall events similar to Tropical Storm Floyd on September 16, 1999 and during the “Tax Day Storm” on April 15, 2007. More recently, the Township experienced a major flood event on August 27, 2011 due to Hurricane Irene.

Information on whether your property is in the 100-year floodplain can be obtained by coming into the Cranford Municipal Building and having the Engineering Department help you. Maps are available to look at as well as other flood-related information on the FIRM. The Engineering office can provide technical assistance relating to floodways, flood hazard areas, flood elevations and data on historical flooding, and is available to advise owners of appropriate flood protection measures. Flood depth information may also be available from the Township. The Township also has some Elevation Certificates available. Township staff members are available to undertake site visits, if requested and authorized, to review flood, drainage and sewer issues. Contact the Township Engineering Department at (908) 709-7219 for further assistance.

FLOOD SAFETY
The following common sense guidelines can help you from the dangers of flooding:

- Do not drive through a flooded area. More people drown in cars than anywhere else. Do not drive around barriers.
- Do not walk through flowing water. Currents can be deceptive. Six inches of water can knock you off your feet.
- Stay away from power lines and electrical wires. If your house is about to be flooded, turn off the power at the service box. Electrical current can travel through water. Electrocuton is the 2nd leading cause of death during floods.
- Be alert to gas leaks. Turn off the gas to your house before it floods. If you smell gas, report it to a Township official or your gas company. Do not use candles, lanterns or open flames if your gas has been shut off.
- Keep children away from the flood waters, ditches, culverts and storm drains. Flood waters can carry unimaginable items that have dislodged themselves. Culverts may suck smaller people into them rendering them helpless.
- Clean everything that has been wet. Flood water will be contaminated with sewage and other chemicals which pose severe health threats.
- Look out for animals, especially snakes and rodents. Small animals that have been flooded out of their home may seek shelter in yours.
- Do not use gas engines, such as generators, or charcoal fires indoors during power outages. Carbon monoxide exhaust can pose serious health hazards.

PROPERTY PROTECTION MEASURES
If your property is susceptible to flooding, there are many flood damage reduction measures you can employ.

- Install a sump pump system to dispose of infiltrating water to grade outside of the structure
- Watertight seals can be applied to brick and block walls to protect against low-level flooding.
- Utilities such as heating and air conditioning systems, water heaters and other major appliances can be elevated to higher floors in the structure or on raised platforms.
• Temporary measures such as moving furniture and other valuables to higher floors or sandbagging exterior openings will also help.
• Elevating or relocating the entire structure may also be a feasible option.

The Township’s storm preparation addresses known “hot-spot” flooding areas and attempts to keep critical roads, buildings and services protected, not to protect every house in town that might flood.

FLOODPLAIN PERMIT REQUIREMENTS
All development within the 100-yr. floodplain (not just construction of buildings, but filling, excavation, fences, etc.) is required to obtain a Township Permit. Applications must be made prior to doing any work in a floodplain area. Please contact the Township Engineering Department to receive all the information you will need in order to properly develop in the floodplain at (908) 709-7219. You may report any illegal development activities to the above number as well.

SUBSTANTIAL IMPROVEMENT / DAMAGE
The NFIP requires that if the cost of improvements to a building or the cost to repair damages from any cause to a building exceeds 50% of the market value of the building (excluding land value), the entire building must be brought up to current floodplain management standards. Building improvement projects include exterior and interior remodeling, rehabilitation, additions and repair and reconstruction projects. Please contact the Township Engineering Department at (908) 709-7219 for further information.

FLOOD INSURANCE
If you do not have flood insurance, talk to your insurance agent. Most homeowner’s insurance policies do not cover damage from floods. Flood insurance is only available to those participating communities in the National Flood Insurance Program (NFIP). Because of our floodplain management programs that attempt to protect us from the multiple flooding hazards, Cranford is part of the NFIP and thus, residents are able to obtain flood insurance.

Be sure to check your policy to ensure you have adequate coverage. Usually these policies cover the building structure, but not the contents. Contents coverage can also be obtained by asking. There is a 30-day waiting period before flood insurance coverage becomes effective. Plan ahead; do not wait until a flood is predicted before purchasing flood insurance.

If you are building inside the floodplain, the purchase of flood insurance is mandatory if using a federally regulated/insured bank for a loan.

NATURAL & BENEFICIAL FUNCTIONS
Floodplains play a valuable role in providing natural and beneficial functions to the area around, and including, Cranford. Floodplains that are relatively undisturbed provide a wide range of benefits to both human and natural systems. These benefits provide aesthetic pleasure as well as function to provide active processes such as filtering nutrients. Parts of the Rahway River, Nomahegan Brook, College Branch and Orchard Brook floodplain are used as a means to filter chemical run-off so that these areas can maintain bio-diversity and ecosystem sustainability. The floodplains enhance fish and other wildlife habitats and provide feeding/breeding grounds. And lastly, the floodplains provide natural erosion control and open space so further flooding damage does not occur.

DRAINAGE SYSTEM MAINTENANCE
As simple as it may sound, simply keeping smaller ditches and stream free of debris can dramatically improve the run-off capacity of low-lying areas, as well as greatly reduce the occurrence blockage that significantly contributes to flooding. It is illegal to dump materials into a waterway and violators may be fined. If you see someone in the act of dumping or see debris in one of our watercourses, please contact the Department of Public Works at (908) 709-7217.

FLOOD WARNING SYSTEM
Many times, flooding along the Rahway River within Cranford can be predicted days in advance, giving ample warning for preparation and evacuation. However, in the event of a flash flood due to large rain event, you may be the first to notice the oncoming situation and have only hours to execute your plan. Notify the Township Police/Fire Department. The Township’s Emergency Alert System will be activated. Tune your radio to 680AM for local and National Weather Service Updates. You will also see regular interruption on local radio and television stations advising you of the situation.

In addition, please feel free to sign up for emergency text messaging alert through www.nixle.com or the Township of Cranford’s website at www.cranford.com. Standard text messaging rates may apply.

ADDITIONAL INFORMATION
If you should require further or more detailed information regarding flood-related issues in Cranford, here are some additional sources:
• FEMA.gov website
• Cranford Municipal Building – Engineering Department (908) 709-7219, 8 Springfield Avenue, Cranford, NJ 07016
• Floodplain FAQ page on the www.cranford.com website.
• Cranford Public Library
A Guide to Healthy Habits for Cleaner Water

Pollution on streets, parking lots and lawns is washed by rain into storm drains, then directly to our drinking water supplies and the ocean and lakes our children play in. Fertilizer, oil, pesticides, detergents, pet waste, grass clippings: You name it and it ends up in our water.

Stormwater pollution is one of New Jersey’s greatest threats to clean and plentiful water, and that’s why we’re all doing something about it.

By sharing the responsibility and making small, easy changes in our daily lives, we can keep common pollutants out of stormwater. It all adds up to cleaner water, and it saves the high cost of cleaning up once it’s dirty.

As part of New Jersey’s initiative to keep our water clean and plentiful and to meet federal requirements, many municipalities and other public agencies including colleges and military bases must adopt ordinances or other rules prohibiting various activities that contribute to stormwater pollution. Breaking these rules can result in fines or other penalties.

Solutions to Stormwater Pollution

Easy Things You Can Do Every Day To Protect Our Water

As a resident, business, or other member of the New Jersey community, it is important to know these easy things you can do every day to protect our water.

Limit your use of fertilizers and pesticides

- Do a soil test to see if you need a fertilizer.
- Do not apply fertilizers if heavy rain is predicted.
- Look into alternatives for pesticides.
- Maintain a small lawn and keep the rest of your property or yard in a natural state with trees and other native vegetation that requires little or no fertilizer.
- If you use fertilizers and pesticides, follow the instructions on the label on how to correctly apply it.

Properly use and dispose of hazardous products

- Hazardous products include some household or commercial cleaning products, lawn and garden care products, motor oil, antifreeze, and paints.
- Do not pour any hazardous products down a storm drain because storm drains are usually connected to local waterbodies and the water is not treated.

Make sure you properly store or discard any unused portions.
If you have hazardous products in your home or workplace, make sure you store or dispose of them properly. Read the label for guidance.

- Use natural or less toxic alternatives when possible.
- Recycle used motor oil.
- Contact your municipality, county or facility management office for the locations of hazardous-waste disposal facilities.

Clean up after your pet

- Many municipalities and public agencies must enact and enforce local pet-waste rules.
- An example is requiring pet owners or their keepers to pick up and properly dispose of pet waste dropped on public or other people’s property.
- Make sure you know your town’s or agency’s requirements and comply with them. It’s the law. And remember to:
  - Use newspaper, bags or pooper-scoopers to pick up wastes.
  - Dispose of the wrapped pet waste in the trash or unwrapped in a toilet.
  - Never discard pet waste in a storm drain.

Dispose of yard waste properly

- Keep leaves and grass out of storm drains.
- If your municipality or agency has yard waste collection rules, follow them.
- Use leaves and grass clippings as a resource for compost.
- Use a mulching mower that recycles grass clippings into the lawn.

Don’t litter

- Place litter in trash receptacles.
- Participate in community cleanups.

Keep pollution out of storm drains

- Municipalities and many other public agencies are required to mark certain storm drain inlets with messages reminding people that storm drains are connected to local waterbodies.
- Do not let sewage or other wastes flow into a stormwater system.

Don’t feed wildlife

- Do not feed wildlife, such as ducks and geese, in public areas.
- Many municipalities and other public agencies must enact and enforce a rule that prohibits wildlife feeding in these areas.

Contact information

For more information on stormwater related topics, visit www.njstormwater.org or www.nonpointsource.org

Additional information is also available at U. S. Environmental Protection Agency Web sites www.epa.gov/npdes/stormwater or www.epa.gov/nps

New Jersey Department of Environmental Protection
Division of Water Quality
Bureau of Nonpoint Pollution Control
Municipal Stormwater Regulation Program
(609) 633-7021

April 2004
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Official Cranford Website – www.cranford.com

@TownshipofCranford

Sign up for the Nixle Alert System which provides instant text messaging and emails about road closures, emergency situations, severe storms, and more. www.nixle.com